# HIGH SCHOOL: HOW IT WORKS

aka: "the best four years of your life" Wrong! it is actually the biggest learning experience of your tite + RIGHT!

### FRESHMAN YEAR:

- 1 it is not territying or like anything you see on TV
- 2 DO NOT try and be friends with
- 3 everyone hates the treshman, so don't act like you're better than everyone because you're not
- (1) walk on the right side of the hallway. stairs - don't walk in packs AND stop screaming, you'll see your triends at lunch.

- O conege applications = college acceptance letters "THE FUTURE IS OUT THERE"
- 2) why am I still here?
- how long until I graduate?
- SENIORITIS
- 6 your last everything: prom, class trip

#### SOPHOMORE YEAR:

- 1) this year contains a lot of drama
- DLET'S LEARN TO DRIVE!
- 3 you'll leakn that the mitochondria is the powerhouse of the cell.
- A treshman are annoying... I hope I wasn't like that



#### JUNIOR YEAR



- @ CHEMISTRY will consume your lite
- 3 you have to start thinking about college
- (4) PLEASE STOP USKING ME what I want to be because DO NOT KNOW.
- (5) Junioritis is real
- (b) you kind your group of friends

# FRESHMEN AND SOPHOMORE YEARS

TRANSITION TO INDEPENDENCE

AND A SEARCH FOR PURPOSE

# TRANSITIONING TO INDEPENDENCE

I CAN DO THIS MYSELF!

# YOU'VE DONE A GREAT JOB!



# NOW COMES THE HARD PART...

### LEARNING TO LET GO A LITTLE

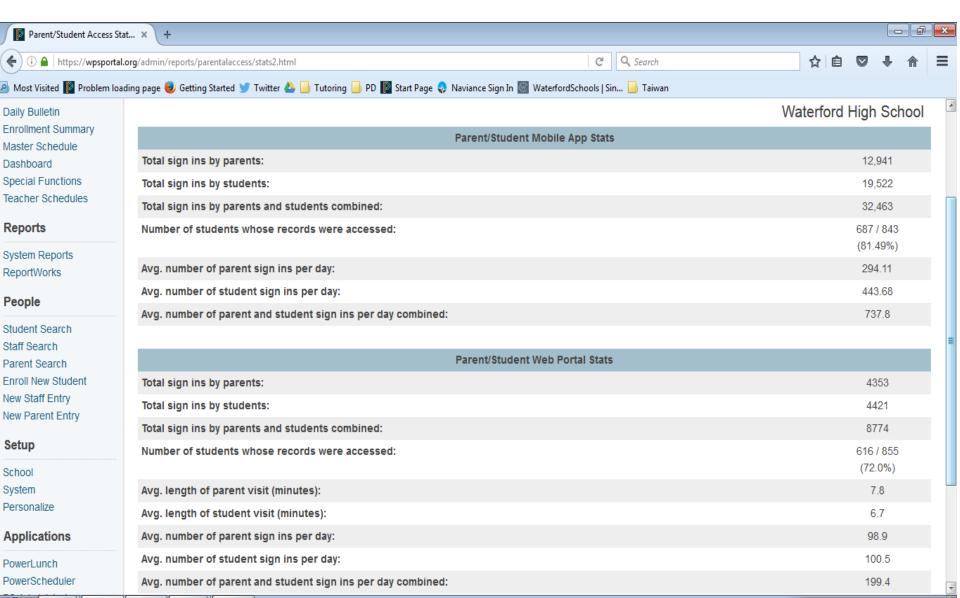




### HELICOPTER PARENTING

• What is a helicopter parent?

# Powerschool Sign ins



# **BUT DO NOT WORRY!!**

WE ARE HERE TO HELP WITH THE TRANSITION



# MAJOR COUNSELING GOAL FOR STUDENTS: LEARNING ABOUT THEMSELVES







CHOOSE ELECTIVES BASED ON KNOWLEDGE OF SELF! NAVIANCE – INTEREST INVENTORIES

# SCHOOL COUNSELING SERVICES

School Counselors: Mr. Adler A – Ch

Mrs. O'Connor Ci – G

Mrs. White H – Mi

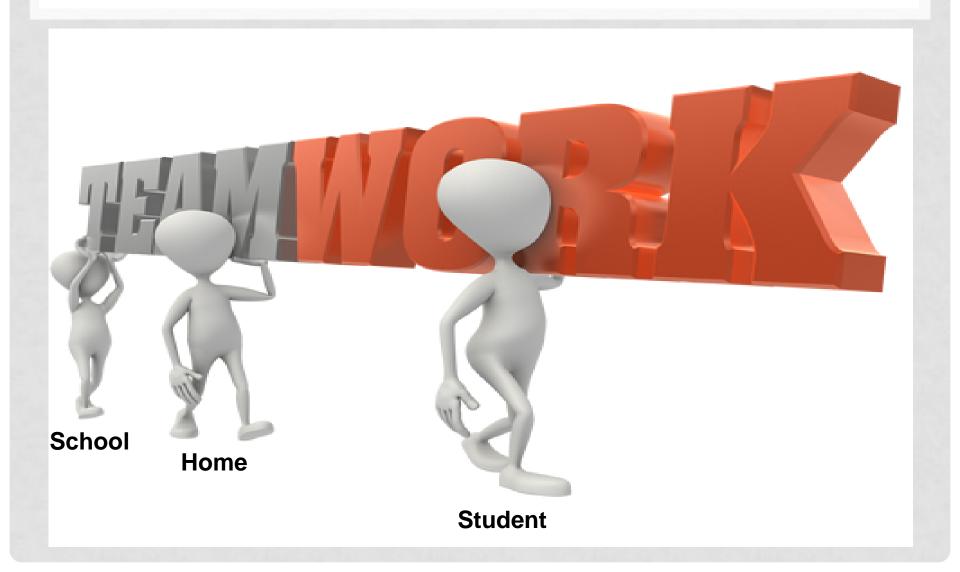
Mrs. Chen Mo-Z

- Comprehensive Program
   Academic/Social/College and Career Planning
- Naviance: web-based post-secondary planning
- Individual Meetings/Small Group Counseling
- Classroom Lessons/Advisory Workshops
- College/Career Room Resources

#### **SUPPORT SYSTEMS**

- CARE Committee: team of counselors, teachers and administrators
- Academic Support Classes: Academic Study, English Workshop, Literacy Lab, Math Lab, Writing Workshop
- Social-emotional Supports: school counselors, school psychologist, school social worker, Positive Foundations class

# WELCOME TO THE TEAM!



### THE SEARCH FOR MEANING

WHY ARE WE STILL IN SCHOOL?

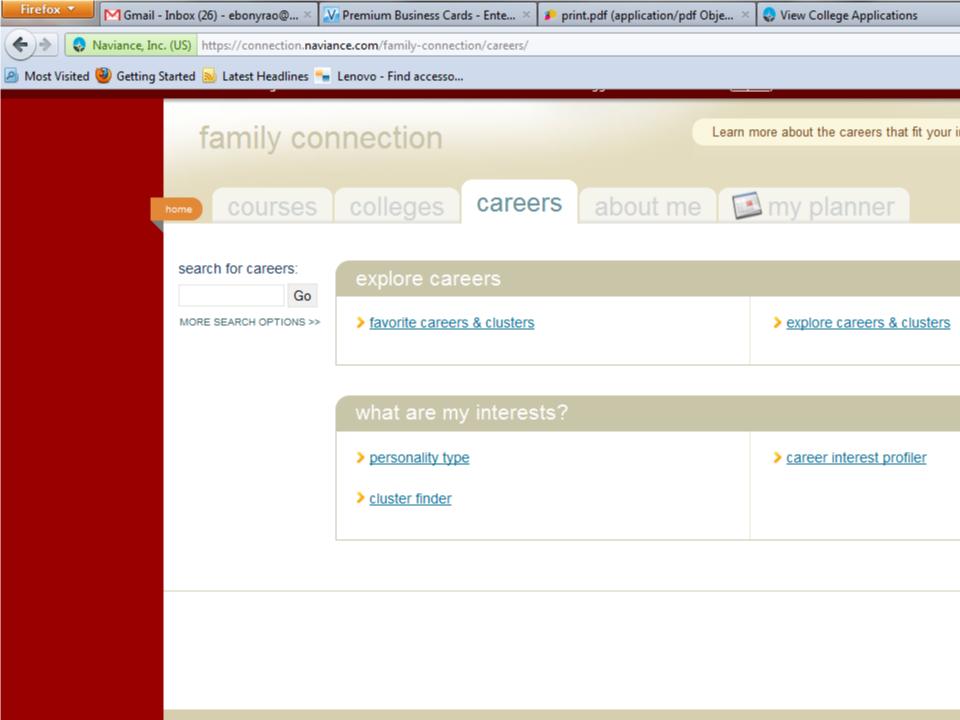
#### **NAVIANCE**

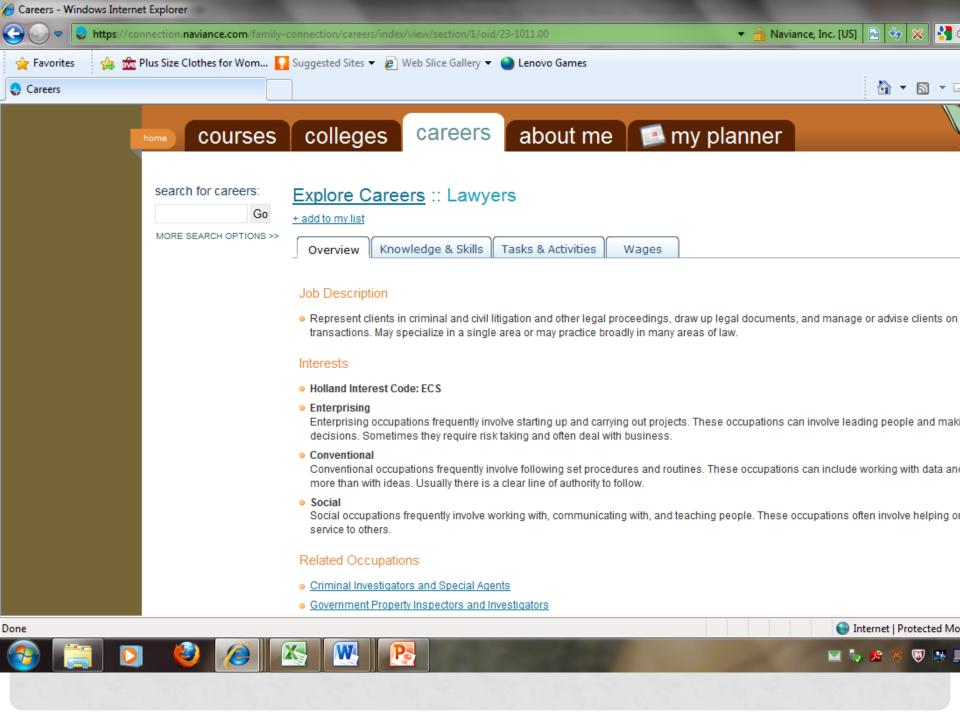
Web-based planning and advising system:

- Interest inventories
- Career searching/planning
- Goal setting/resume builder
- Transcript requests/application tracker
- Collects and tracks data
- Vehicle for communication to students and parents!

#### **CAREERS**

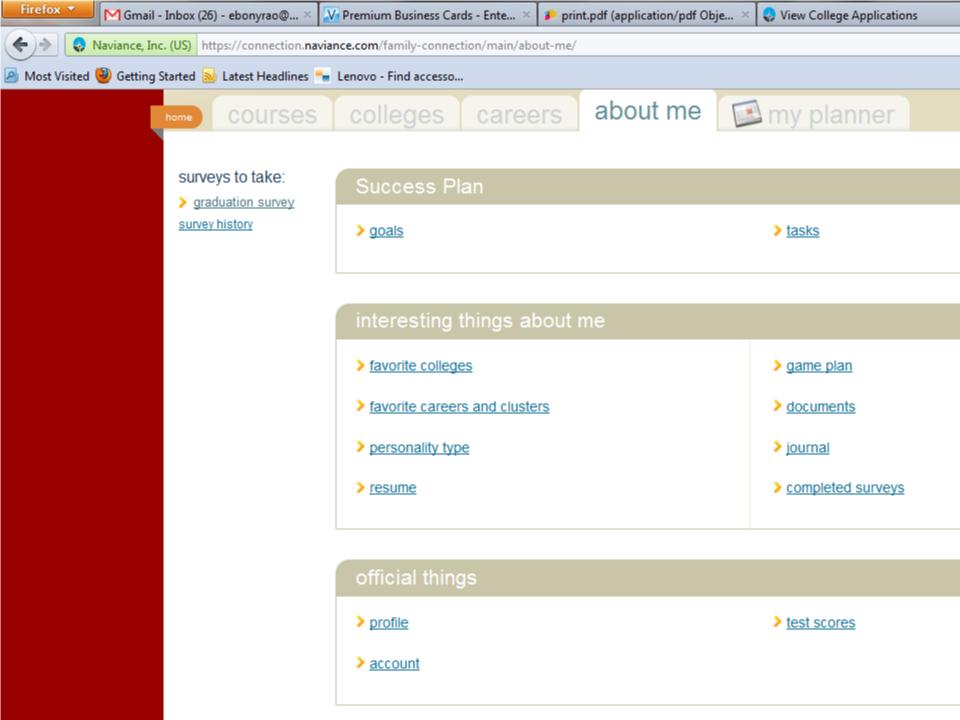
- Explore career profiles by different methods of sorting such as by career clusters, by interest, by personality type
- Provides you with career information such as education requirements, specific job responsibilities, average salaries, and jobs within each career field.
- Allows you to take a personality test and career interest profiler to help you find a career that matches your interests.





#### **ABOUT ME**

- Allows you to create goals and tasks
- Allows you to create a profile and update test scores
- Allows you to create and save documents, lists colleges and career paths you find interesting, record information from your personality test, work on your resume and complete surveys



# **QUESTIONS?**

